

PERFORMANCE INSIGHT, LLC

Dr. Jody Bradham

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Golf Specific Intake Questions

1. Tell me about you and golf:
 - a. When did you start playing? _____
 - i. Circumstances? _____
 - b. How well do you play?
 - i. Handicap? _____
 - ii. Best Score? _____
 - iii. Tournaments? (where, when, how'd you score?) _____

2. How does golf fit into the rest of your life relative to...?
 - a. School _____
 - b. Work _____
 - c. Family _____
 - d. Social life _____
3. Who are the important golfing people in your life and what is their role/impact?
 - a. Parents _____
 - b. Relatives _____
 - c. Friends _____
 - d. Professionals _____
4. What are you best at in golf? _____
5. Where do you feel like you need to improve? _____

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6. What are your goals (for golf and life)? _____

a. What gets in the way of reaching your goals? _____

b. What would help you the most? _____

7. What prior experience do you have with performance enhancement/sport psych services? _____

8. What is the *most* you would expect from the help I might give you? _____

9. What is the *least* that would be acceptable? _____

10. What else is there that I need to know about you or your golf game to be in a position to help you the most? _____
